

## NearVision CK Post-Op Care

What should I expect after the procedure?

The following symptoms are normal after NearVision CK, and will subside with time:

- Mild to moderate burning, watering and irritation for 2 to 3 days
- Glare or halos, especially when driving at night, for about 1 month
- Slight overcorrection of your vision for a few weeks
  - Distant objects may appear blurry, but near objects will be very clear at first
- Fluctuating vision at first—more blurred at distance—then gradually more balanced with time. As distance vision improves, near vision becomes slightly less sharp over 1-3 months but settles into the “functional zones” discussed at your consultation.

When can I return to my normal activities?

Most patients feel well enough to work and/or drive after 1 or 2 days. If you are unsure, just call our office with your questions. However, there are a few guidelines you should also consider:

- Avoid eye makeup for 3 days after the procedure
- Avoid swimming in pools, lakes or the ocean for 2 weeks
- Refrain from tanning bed use for 2 weeks
- Avoid rubbing your eyes
- Wear eye protection in situations such as contact sports

What medications should I take after the procedure?

After the NearVision CK procedure, you will be taking:

- 1 drop of **Zymar** (eye drops) four times daily (4 x day) for 5 days.
- 1 drop of **Acular LS** (eye drops) four times a day (4 x day) for 5 days.
- 1 drop of **Refresh Tears** (eye drops) every 1-2 hours for one month.
- Other: \_\_\_\_\_

When will I return for follow-up?

You will return 1 week after your procedure for a post-op exam with the doctor. Thereafter, your follow-up schedule may include 1 month and 3 months post-op visits.

When will I realize the full effects of the procedure?

With CK, your vision will get better with time. Expect your vision to stabilize (for both distance and near) anywhere from 2-4 months following the procedure.

**Thank you for choosing Indiana LASIK Centers for your vision needs.  
If you have any questions, feel free to call (260) 497-8000.**